

**Just Talk is the ‘go to’ place for young people wanting to find support for their mental wellbeing. This information is available on our website** [**https://lea-pri.herts.sch.uk/health-wellbeing/parent-support/**](https://lea-pri.herts.sch.uk/health-wellbeing/parent-support/) **and you can contact them direct at the website, email, Instagram Twitter or Facebook addresses below.**