



**ADD-vance**

The ADHD and Autism Trust



# SUPPORT GROUPS

## FREE ONLINE SUPPORT GROUPS FOR HERTS PARENTS/CARERS

### ABOUT THE GROUPS

ADD-vance runs regular support groups which provide an opportunity for you to meet other local parents and discuss individual concerns with two specialist ADD-vance coaches. We welcome parents and carers who have a formal diagnosis for their child, as well as those who do not have a formal diagnosis but would like to learn more about neurodiversity.

### TIME AND PLACE

#### **General Primary Aged Children Support Group**

Tuesday 10/01/23 - 1-2 pm

#### **General Secondary Aged Children Support Group**

Tuesday 17/01/23 - 1-2 pm

#### **Support Group for Parents of 16-24 year olds**

Tuesday 24/01/23 - 7.30-8.30 pm

#### **General Early Years Support Group**

Tuesday 31/01/23 - 10-11 am

#### **PDA Support Group**

Tuesday 07/02/23 - 1-2 pm

**ALL ONLINE VIA ZOOM**

☎ 01727 833963

✉ herts@add-vance.org

🌐 <http://www.add-vance.org/>

**Book your FREE ticket on <http://add-vance.eventbrite.com/> or visit our website <http://www.add-vance.org/>**

These groups are funded by Hertfordshire County Council and are open to residents of Hertfordshire only